FULL of LIFE
Celebrating older People in Hull
26th September-1st October
Programme of events 2017
Older People’s Celebration Week 2017
Acknowledgements to funders:

Charity No. 1172566
Welcome to the Events Programme for Older People’s celebration week

The 1st of October is Uk Older Peoples Day and coincides with International Day of Older Persons. Get involved with UK Older People’s Day and help celebrate the achievements and contributions that older people make to our society and tackle negative attitudes and outdated stereotypes and support issues that affect their lives on a day to day basis.

Once again, we have worked in partnership with the voluntary sector, community groups and other statutory and private organisations to put together and support a programme of fun activities, entertainment and information event.

Older People’s Partnership Hull and East Riding Charity are hosting a week-long celebration. The events will include a series of activities and entertainment to celebrate and showcase the contributions that older people are making to our local community and society today and the positive impact that cultural activities can have on health and wellbeing, reducing loneliness and isolation in our aging population. The themes of the events will be around entertainment, culture and education and be a chance to celebrate Hull City of Culture 2017 too.

We hope from the event to provide a platform for local and national organisations from the voluntary/community/private and public sector, which can support the older people in and around Hull to live a healthy and more independent life, also have information of services that they can access to provide support should they need it.

The Older People’s Partnership Hull & East Riding Charity would like as many people as possible to join in the celebrations and to build on the success of previous years events. Everyone Welcome.

So please come and visit us throughout the week.

Many Thanks.

Older Peoples Partnership Hull and East Riding Charity and Partners
Charity number: 1172566
Would you Like to share your stories with us? What you did at work? What you did for fun?

As a special celebration for Hull 2017 we would like to share you stories, photographs achievements in our “Scrap Book of Hull People”
If you would like to join the fun please bring a copy of the story or photo you would like to share along to the event, or share your story with us on the day.
If you want to know more please call us on 07821 519212
Or email oppghull@hotmail.com
We offer workshops; drop ins and social events across the city for people with memory problems or a diagnosis of dementia and their family supporters.

To find out what is available in your area check our website www.butterflies.org.uk
Facebook: Butterflies Memory Loss Group
Or Call 07821 519212
26TH SEPTEMBER ‘17
PROFESSIONAL CONNECTIONS EVENT

This event is aimed at local professionals across the health, social care and third sector who wish to gain further knowledge of the specialist services dedicated to help those with care needs across Hull.

Unlike other events, this will focus on the private provision of crucial yet little known services that have linked together to create a network of expertise.

Part of the Celebration of Older People Week

RSVP ESSENTIAL VIA https://pccic.eventbrite.co.uk

Key Speakers will host presentations, workshops and private 1-1’s, including:

A SOLLA qualified Financial Adviser
Solicitor with ‘Solicitors for the Elderly’ Accreditation
Specialists that provide Health Capacity Assessments
Professionals dedicated to locating the right local care provision
Crucial charities including the Dementia Action Alliance, Alzheimer’s Society and many more

10am – 3:30pm
Complimentary Lunch provided
**CONFERENCE AGENDA**

**TUESDAY 26TH SEPTEMBER 2017 – KCOM CRAVEN PARK STADIUM, PRESTON ROAD, HULL, HU9 5HE**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Details</th>
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<tbody>
<tr>
<td>10am to 10:30am</td>
<td>Registration and Reception</td>
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<tr>
<td><strong>Presentation</strong></td>
<td><strong>10:30am to 11:15am</strong></td>
<td>“Care Home options and how to find the right one.”</td>
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<td></td>
<td><strong>Presented by Howard Masters of Care Home Finder</strong></td>
<td>Topics: Care options – including care home vs domiciliary care, continuing health care, and making the right decision on the right home.</td>
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<tr>
<td><strong>Presentation</strong></td>
<td><strong>11:15am to 12:00am</strong></td>
<td>“Later Life Financial Planning including latest Budget Update”</td>
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<td><strong>Presented by Catherine Richardson of CBR Wealth Management LTD</strong></td>
<td>Topics: Finance options &amp; keeping your home, deprivation of assets, Immediate Needs Annuities &amp; more from a SOLLA qualified adviser.</td>
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<td><strong>Lunch</strong></td>
<td><strong>12:00pm to 12:45</strong></td>
<td><strong>Lunch</strong> – Sponsored by all the speakers, lunch plus tea and coffee will be provided throughout the day for attendees.</td>
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<td><strong>Lunch and refreshments will be complimentary, however a charity</strong></td>
<td>donation to one of our attending charities would be wonderful.</td>
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<tr>
<td><strong>Presentation</strong></td>
<td><strong>12:45pm to 1:30pm</strong></td>
<td>“Wills and Powers of Attorney”</td>
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<td><strong>Presented by Terry Moore of Burstalls Solicitors</strong></td>
<td>Topics – an up to date overview of essential legal provisions, including old vs. new, current</td>
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<tr>
<td><strong>Presentation</strong></td>
<td><strong>1:30pm to 2:15pm</strong></td>
<td>“Making Mental Capacity an area of Specialty in your Work!”</td>
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<td><strong>Presented by Sue Altass of Altass Cheshire</strong></td>
<td>Topics; Specialising in communication and assessing mental capacity, Altass Cheshire are offering an interactive presentation focused on Mental Capacity.</td>
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<tr>
<td><strong>Workshops</strong></td>
<td><strong>2:15 to circa 3:30pm</strong></td>
<td>Individual Workshops and Stands – a wealth of information in one place, and chance to speak one to one with a specialist. Ask questions face to face, meet other experts who may be able to help support you in your role and spread knowledge in your area of expertise.</td>
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Celebration Day

Wednesday 27th September

Opening of the event

- 10.00am Gwen Lunn City plan enabler: Public health, Prevention & Safeguarding Adults
- 10:15 Hull ladies Choir performance
- Fashion Show by Age UK
- Movement to Music
- The Hutt People - Live music and chance to make great music
- Information stands
- Photo booth
- 1940 -1980’s theme for the event
- Reminiscence characters
- Chrissy Clark as Compare /singer
- Scottish music/bagpipes

Plus much more ....

Finish 4pm
Hull's Got Talent 55+ Competition
The Britannia Royal Hotel Hull HU1 3UF
(At The Interchange Hull) Doors open 6:30pm start 7pm

Opening and entertainment by ‘The Four Jerseys’
The Fantastic Frankie Valli & The Four Seasons Tribute

The talent competition has a variety of performances to keep you entertained throughout the evening.
(Entry form can be found on our website - Entries taken until Friday 8th September 2017)

All competitors are aged 55 plus.

Judging panel
• David Burns (Burnsey) Radio Humberside
• Claire Warren - CEO of Pickering and Ferens Homes
• Sue Lee - Associate Director of Communications and Engagement
• Dr Scott Richardson - GP

Finale
Performance by the Four Jerseys - one not to be missed

Important information.
Admission to the evening performance is strictly by ticket only (Max number of tickets 4 per person). Please contact the charity should you require more than 4 tickets on oppghull@hotmail.com or call 07724532955 - Tickets are free so please only get what you require and return any unwanted tickets prior to the event.

Tickets can be collected from Hull Central Library from 4th September

**Have a great evening**
Thursday 28th September

Opening of the event

- 10.00am Julia Weldon Director of Public Health (DPH) and Adult Social Care

- Sahara Dance demo and workshop
- Hull folk dance demo and workshop
- Tea dance - Stepping back in Time
- Information stands
- Photo Booth
- 1940 -- 1980’s theme for the event
- Reminiscence characters
- Chris Holmes - Entertainment?
- Chrissy Clark as Compare /singer
- Scottish music/bagpipes
- Wheelchair dance demo

plus much more...

Finish 4pm
Stepping Back in Time

Social Tea Dance

Ballroom, Latin & Sequence Social Tea Dance. Come along & practice all the moves you know.

Friday 29th September
1pm—4pm Guildhall (Reception Room)

Tickets can be purchased from Age UK Hull.

**We also on the day. We also have another Tea Dance on Friday 25th August at Freedom Centre** 1pm—4pm

Tickets £2 each

For more details contact Sam
07736 278745 or
email : info@thespacedance.co.uk

www.olderpeoplehull.org.uk
Charity: 1172566
Tell Us Your Life Stories

Healthwatch staff will be keen to chat to people about their life and how they came to live where they do. We will be at the celebrations for International Older People’s Week and eager to meet you.

What do we do?

Healthwatch is your listening ear on health and social care issues. We provide a local voice for how to influence services — your independent consumer champion.

Outreach: We visit 10 venues across Hull every month to talk to residents.

Telephone: Healthwatch operates a dedicated information line for Hull which is open weekdays, 9-5.

Research: Help with our current priorities — experiences of mental health services or of visiting your GP.

Healthwatch Information Line: 01482 324474

www.healthwatchkingstonuponhull.co.uk

Facebook: @Healthwatchkingstonuponhull

Twitter: @HealthwatchHull
Londonway Café

MENU

• 2 full English breakfasts with tea or coffee for £8.50
• Any 2 sandwiches in a bread cake served with salad and coleslaw with tea or coffee £7.00
• Two jacket potatoes with filling of your choice with tea or coffee £9.00
• Cake of the day with tea or coffee £3.50

Londonway is the newly up and running cafe in the Paragon Station. We are the only sit down cafe in the station with a wide selection of fresh food and drinks. From all day English breakfast to freshly made sandwiches to enjoy in our friendly relaxed environment.
MEALS ON WHEELS

Hot Traditional Home cooked
2 course meal only £5

NOW DELIVERING 7 DAYS A WEEK

Tel: 01482 795700
https://www.facebook.com/IngsPlus

Registered Charity Number 518591

lottery funded
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<th>Monday</th>
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<tr>
<td>Sutton Reading Rooms</td>
<td>Henry Vernone Ct</td>
<td>Eastmount Community Centre</td>
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<td>Sutton Reading Rooms</td>
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<td>Ada Holmes Circle</td>
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For Updates [https://www.facebook.com/IngsPlus](https://www.facebook.com/IngsPlus)
We are a local Housing Association which prides itself on offering a range of accommodation options and services to residents in Hull and East Riding of Yorkshire aged 60* and over including Retirement Apartments, Bungalows and Houses.

If you answered YES to any of the above questions, contact us on 01482 223783 or visit www.pfh.org.uk to find out about available properties and how to apply to our waiting list.

*55s and over may apply but will NOT be considered if there are suitable applicants aged over 60.
Open days – your opportunity to look around

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<thead>
<tr>
<th>Location</th>
<th>Date</th>
<th>Time</th>
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<tbody>
<tr>
<td>Broadway Manor, Holderness Road, Hull, HU9 3PN</td>
<td>Monday 2nd October 2017</td>
<td>10am-1pm</td>
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<tr>
<td>Malin Lodge, Maybury Road, Hull, HU9 3LH</td>
<td>Tuesday 3rd October 2017</td>
<td>10am-1pm</td>
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<tr>
<td>Humber View, Victoria Dock, Hull, HU9 1SZ</td>
<td>Wednesday 4th October 2017</td>
<td>10am-1pm</td>
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<tr>
<td>Ada Holmes Circle, Greenwood Ave, Hull, HU6 9PB</td>
<td>Monday 9th October 2017</td>
<td>10am-1pm</td>
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<tr>
<td>Christopher Pickering Lodge, Hessle High Rd, Hull, HU4 6RS</td>
<td>Tuesday 10th October 2017</td>
<td>10am-1pm</td>
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We don’t feel like we are just an ordinary landlord, we want to give our residents more. We have optional garden services, a range of proactive and reactive independent living alarms, ways for residents to get involved to shape future services, regular newsletters and competitions.

In our most recent survey, 98% of our residents said they were satisfied with our services.

We’re always open to new ideas to better the experience for our residents, so why not give us a call?
Who are the Older People’s Partnership Hull and East Riding Charity?

Hull’s Older People’s Partnership Hull and East Riding (or OPP H&ER) are now a charity who are champions of older people in our region. Working across Hull and East Yorkshire, this multi-agency partnership promote the needs of older people, coordinating and improving existing services in the region. They also help to find new, creative approaches to problems older people face in the community.

This creativity is the driving force behind the Celebration of Older People Week, organised and run by the OPP H&ER. The 2017 event runs from 26th September and includes a broad programme of creative activity, highlighting the positive impact creativity can have on the lives of older people.

What do we offer?

• A Multi Agency Partnership aimed at promoting the needs of older people
• Assist in coordinating and improving existing services for older people
• Stimulate more creative approaches to problems and issues
• Develop a simple, yet effective, engagement and intervention strategy which has had considerable success
• Importantly, we offer a pool of knowledge around services for Older People which is accessible and beneficial to all participating bodies We also deliver an annual talent competition

What we do?

• Meet on a monthly basis
• Share information and resources, identify gaps and maximise opportunities
• Offer peer advice and support
• Open access to all groups and services supporting older people in Hull and local East Riding villages
• Welcoming environment

For further information about the Older Peoples Partnership Hull and East Riding Charity (No: 1172566) go to our website: www.olderpeoplehull.org.uk or contact Tel: 07724 532955 You can also find us on Facebook.
Organisations of the OPPG

Action on Hearing Loss
Age UK Hull
Alzheimer’s Society
Anchor housing
Autism Plus Community Guardians - Ings Plus
Butterflies Memory Loss Group
Carers Information Support Service
City Health Care Partnership CIC
City of Culture Hull 2017
Dementia Academy
Dove House Hospice
Healthwatch Hull
HERIB
Housing and Care 21
Hull and East Yorkshire Hospitals
NHS Trust
Hull Churches Home From Hospital
Hull Churches Housing Association
Hull City Council
Hull City Council Day Services
Hull Clinical Commissioning Group
Hull Culture and Leisure Libraries
Hull Culture and Leisure Ltd
Hull folk dance
Hull Stroke Clubs United.
Stroke support.
Hull University - CAREGIVER PRO
Penny Brohn Cancer Care
Pickering and Ferens Homes
Public Health Hull City Council
Re New
Riverside Extra Care
Royal British Legion
Royal voluntary sector

Special Thanks to:

David Burn (Burnsey) & Radio Humberside
Claire Warren CEO - Pickering and Ferens Homes
Sue Lee - Associate Director of Communications and Engagement
Dr Scott Richardson - GP
Chrissy Clarke - Compare and singer
Big Lottery
Councillor Gwen Lunn - Portfolio: City Plan Enabler: Public Health, Prevention & Safeguarding Adults
Julia Weldon - Director of Public Health and Adults
Britannia Royal Hotel
Ditto 4 Design
Members of the Older People’s Partnership Group
Sahara Dance - Sandra Thompson
Hull Folk Dance
Chris Holmes - Entertainer
Samantha Rogerson - Stepping Back in Time dance
Mersey Primary school and The Big Elastic Band